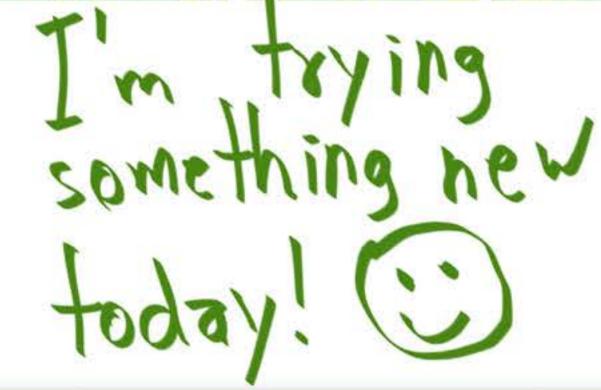
Enrichment









Fun activities to do with your friends!

MONDAY					
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE	
Girls & Boys Football	13:30-13:55	7-9	College field	ATA, MHA, AFO Football Leaders	
Sixth Form Sports Academy	15:05-16:00	12-13	HCC Fitness Suite / Gym / Dance Studio	ELE	
Get Active Gym* (See LED for details)	15:05-16:00	11-15 years	LED gym	LED instructors	
Teen Circuits* (See LED for details)	15:15-16:00	11-15 years	LED gym	LED instructors	
House Band (Music)	13:30-14:05	ALL For students who play an instrument or sing	MU1	to arrange personal instrument use	

TUESDAY					
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE	
Badminton	13:30-13:55	9-11	Sports Hall	ELE	
Get Active Gym* (See LED for details)	15:05-16:00	11-15 years	LED gym	LED instructors	
KS3 Art Club	13:30-14:05	KS3	C6	Mrs Robinson	

WEDNESDAY					
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE	
Fitness Suite Fitness, Health & Well-being	13:30-13:55	7-9	HCC Fitness Suite / PE4	AFO Student Leaders	
Table Tennis	13:30-13:55	7-13	Gym	ATA/LLA	
Warhammer Club	15:05-16:05	All	Refocus Room	Mr Dowrick (Warhammer if you have it)	
GCSE Art Catch Up	15:05-16:05	10 & 11	C6	Mrs Robinson (Bring your own work)	
GCSE Photography Extra	15:05-16:05	10 & 11	C3	Mr Tyrer (Bring your own work)	
Aviation & Tech club	15:05-16:05	Invitation only. Application process. Please see Mr King.	DT-C1	Mr King	
Journalism club	15:05-16:05	All	E10	Ms Lindsay	

THURSDAY					
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE	
Sports Academy Strength and Conditioning	13:30-13:55	Academy students (by invitation only)	HCC Fitness Suite	ELE	
Girls Football (indoor football)	13:30-13:55	All	Sports Hall	AFO	
Netball	15:05-16:15	All	LED courts	LRO/PSA Netball Leaders	
Get Active Gym* (See LED for details)	15:05-16:00	11-15 years	LED gym	LED instructors	
Song Writing Club	13:30-13:55	All	MU2	Mr Turner	

FRIDAY					
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE	
Sports Leadership & A level/GCSE/BTEC revision/ D of E evidence logging	13:30-13.55	Relevant students	PE4 / PE1	ATA	
Get Active Gym* (See LED for details)	15:05-16:00	11-15 years	LED gym	LED instructors	
Taiko Drumming	13:30-14.05	ALL For students who want to learn how to play Japanese Taiko Drums!	MU1	Mr Turner	
NEW Christian Faith	13:30-14.05	ALL	Hums meeting room	Mrs Rose	
See Mrs Quick on what day					
Lego Club	13:30-14.05	All	Learning Support		

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Honiton Leisure Centre	AY & SUNDAY					
Leisuic	TIME	YEARS	LOCATION	STAFF IN CHARGE		
Sport and PE						
Get Active Gym* (See LED for details)	10-11 & 1-2	11-15 years	LED gym	LED instructors		

Get Active Gym

Cost: Induction - £16 single or double £8 each. Session - £4.75

Under 16 all included in Junior Get Active membership - £24.75

Get Active Gym session run from 15.00-16.00 every week day and 10.00-11.00 Sat & Sun.

 11-13 year olds, can come to the programmed sessions or outside of these session with a responsible adult. They must use cardio machines and bodyweight exercises only after an induction with a member of the gym team.

 14-15 year olds can now come to gym unaccompanied, anytime they like. They can use cardio, resistance and free weights after an induction with a member of the gym team.