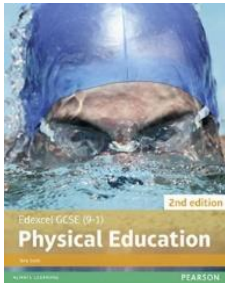
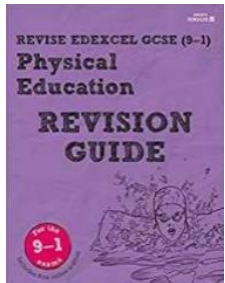
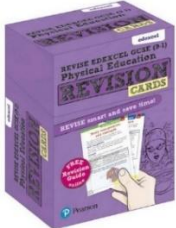
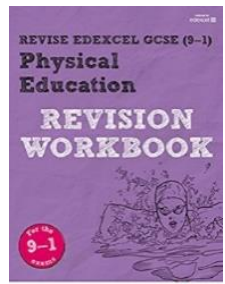


Welcome to the latest edition of the newsletter from the Sport & PE Department, we would like to keep you as up to date as possible with the course content and topics students are covering. If you have any questions, please do not hesitate to contact us at College.

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<p><b>What are we studying?</b></p> <p><b>Year 9</b> - During this term, we have looked at the biology content of the specification which is the cardiorespiratory and musculoskeletal systems. We have done this by making full size body suits to identify different muscles and bones. We have made skeletons using spaghetti and pasta shapes. We have also completed our mock exam which covered all content in the Component 1 exam.</p> <p><b>Year 10</b> – We have recently started to look at the psychology behind sport. They have learned about different skills, practices and guidance. The students have tried learning new skills whilst wearing eye masks (verbal guidance) and then observed other students being coached to see if they could identify what type of guidance was being used (visual, verbal, manual and mechanical). We recently took this theory into the sporting arena with a circuit including basketball, table tennis and gymnastics, much to some of the student’s horror! Changing the context of the learning environment will allow the students to experience first-hand the different theories they have been learning about in the classroom, hopefully creating “Stickability”</p>	<p><b>Resources:</b></p>  <p>ISBN: 978-1292129884</p>
<p><b>Questions you could ask at home.....</b> Your son/daughter should be able to confidently talk to you about these topics:</p> <p><b>Year 9</b> – Which 3 sports they want to be assessed in practically, this is worth 30% of their overall GCSE grade. They should be able to talk about the structure and function of each of the body systems (skeletal, muscular, cardiovascular and respiratory), aerobic and anaerobic exercise.</p> <p><b>Year 10</b> - what type of guidance would you use with a young person who is new to a sport/activity and how would this vary from guidance for an elite/experienced athlete?</p>	 <p>ISBN: 978-1292135120</p>
 <p style="text-align: center;"><b>£8.99 Revision Flash Cards</b></p> <p style="text-align: center;"><b>100 Revision Cards</b> <b>Multiple choice questions and answers</b> <b>Worked examples</b> <b>Topic summaries and key facts to remember</b></p> <p style="text-align: center;"><a href="https://www.amazon.co.uk/Revise-Edexcel-Physical-Education-Revision/dp/1292182431">https://www.amazon.co.uk/Revise-Edexcel-Physical-Education-Revision/dp/1292182431</a></p> <p><b>Need help?</b></p> <ul style="list-style-type: none"> <li>Edexcel website <a href="https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.html">https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.html</a></li> <li>Seneca Learning online <a href="https://app.senecalearning.com/login">https://app.senecalearning.com/login</a></li> <li>GCSE Physical Education App <a href="https://apps.daydreameducation.com/pocket-poster-revision-guides/gcse-physical-education/app/">https://apps.daydreameducation.com/pocket-poster-revision-guides/gcse-physical-education/app/</a></li> <li>getrevising.co.uk <a href="http://getrevising.co.uk">http://getrevising.co.uk</a></li> <li>Twitter - persuade your son/daughter to follow the PE department – we will share lots of useful links to help them revise. @ataylor_PE @PWyatt_PE @T_Skelding</li> </ul> <p><i>All our GCSE resources are available on the PE Students GCSE SharePoint site. Students can access these at home and includes PowerPoint presentations, exam questions, revision pages and knowledge organisers to support home learning and revision.</i></p>	 <p>ISBN: 978-1292135083</p>
<p><b>Key Dates 2019-20:</b> Year 11 GCSE PE Revision – Weekly from November 2019 Year 11 Mocks – November 2019 Year 10 Mocks – February/March 2020 Year 9 Sport Science trip to Exeter University – March 2020 Year 10 Sport Science trip to Bath University – March 2020 Year 10 PEP Coursework – Summer 2020</p>	<p><b>Year 11 Exams, Summer 2020:</b></p> <ul style="list-style-type: none"> <li>Component 1: Fitness &amp; Body Systems May 2020. 36%</li> <li>Component 2: Health &amp; Performance May 2020. 24%</li> </ul> <p>Practical Performance 30%, PEP Coursework 10%</p>