# Weekly Update

Friday 05 January 2024

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# **Dates for the Diary**

# Week A January Mon 08 Yr11 Progression meetings—all week Fixture: ED U15 Boys Futsal @ Kings 3pm Tues 09 Fixture: U14 Netball Tournament @ HCC 3pm Wed 10 BTEC exams (Wed to Fri) Thu 11 Trip: Faraday Challenge @ Maynards School all day Fixture: U15 Football @ Uffculme 2pm

## **Immunisations Update**

Fixture: 7 a side U13 Football @ Kings 3pm

Year 9 Options Evening @ HCC 5—7pm

Emails were sent out this week to all parents of years 9, 10 and 11 with a letter/link to the online consent form for:

Year 9 DTP/ACWY

n/a

Fri 12

• Year 10/11 DTP/ACWY catch ups



The team will be onsite for all who have consented, on Friday 19th January. This is an OPT-IN immunisation. If you think you have not received the email either directly, or via the MYCAS APP, then please let us know by emailing admin@honiton.college.



### **Exams Information**

As we head into 2024, Year 11 and sixth form students are starting to prepare for GCSE and A Level/level 3 exams. Many are also now completing Non-Examination Assessments during class time. As a result, we are sharing the JCQ Guidance with you (link below), so that you can be aware of the regulations and discuss it at home when necessary.

If you have any questions regarding this, please contact Laura Brown by emailing <a href="mailto:laura.brown@honiton.college">laura.brown@honiton.college</a>

https://www.jcq.org.uk/exams-office/information-for-candidates-documents/

# **Mental Health Workshops**



We are very pleased to be offering two workshops, delivered by Children & Family Health Workshops. Please do sign up by emailing Natalie.hunt@honiton.college



<u>Year 11 Pupil Workshop: "Managing Exam Resilience"</u> <u>Thursday 18<sup>th</sup> January 3.15-4.15pm (in school)</u>

- \* A brief introduction to MHST
- Learn about what exam worries/stress may look and feel like
- Provide you with some strategies and tips to support you with your mental health before and during exams

<u>Parent Workshop: "Understanding and supporting your</u> child's mental health"

Tuesday 6<sup>th</sup> February 4.30-5.30pm (online)

- \* A brief introduction to MHST
- Gain an understanding around the common signs of mental health difficulties that secondary-aged children display
- Provide some strategies on how you can help and what to do next

If you have any questions you would like answered before signing up, please email Natalie Hunt (email above).

### **House Breakfasts**

House Breakfasts are starting up again this week and due to student & parent feedback, we are changing the food offer to hot chocolate. All students can still access free porridge from the canteen every morning before 8.30am—they just need to turn up! Huge thanks to our catering team for providing this.

### Post-16

**BTECS:** Good luck to all our year 12 & 13 students taking their BTEC exams this week—they have worked hard and we all wish them the very best.



**Yr11 Progression Meetings:** These will be taking place all next week with Selena Burroughs. If your child is interested in apply for HCC Post-16, or is still feeling unsure, you or they can still contact Selena for an informal discussion first.

Please do email Selena.burroughs@honiton.college